



## Intro to Semi-Automatic Pistols

# NSSF First Shots Class

### Course topics include:

- Safe Gun Handling
- Handgun terminology
- Eye Dominance
- Grip
- Stance
- Aiming — Sight Alignment & Sight Picture
- Trigger Control
- Breath Control
- Follow-through
- Range Rules & Commands

### What 's provided in the Class:

- Semi-auto handgun & ammo
- PPE: eye & ear protection
- Targets
- Range Fees
- \$25 Gift Certificate at A Girl & A Gun Online Store

### **Karyn Janiak**

#### Certified Trainer

A Girl & A Gun Women's Shooting League  
NSSF First Shots Program

Facilitator: McCall/Valley Co Chapter AG&AG

#### NRA Certified Instructor

Basics of Pistol Shooting  
Personal Protection Inside the Home (PPITH)  
Personal Protection Outside the Home (PPOTH)  
Defensive Pistol I  
NRA Range Safety Officer (RSO)

#### Questions or to Sign-up:

Karyn Janiak  
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All Classes Held at:  
Valley County Gun Club  
599 Warm Lake Rd  
Cascade, ID 83611